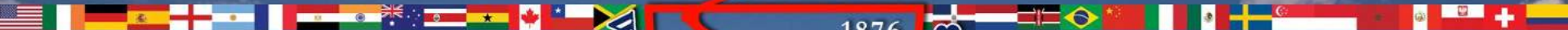


NEWPORT

1876



AMERICA'S FIRST POLO CLUB

# Lunch & Learn Seminars



\$150/Person: 6 – 24 participants

Bring your group together for unique team building at America's first polo club. Our specially trained leaders guide groups through a 2+ hour polo experience (varies with group size) with skill building demos on foot, optional mounted instruction and team scrimmages for learning and friendly competition.

Lunch & Learn Seminars Cover...

- Intro to the Sport of Polo
- Horse Care & Prep
- Basic Hitting
- Rules, Strategy, & Defense
- (Optional) Riding Skills for Polo, Team Scrimmage
- (Optional) Box Lunch or BBQ Buffet
- (Optional) Team Shirts, Prizes\*

The program is oriented for adults; no riding experience is required. Suggested dress is layered outerwear, jeans and boots with 1" heel. All participants are required to sign a Waiver of Liability. All participants must supply their own safety helmet. Lesson horses are of the finest thoroughbred caliber & training, and professional grade polo equipment is provided.

Offered in Autumn, Spring, and Summer – See Availability

\*additional fees may apply





# Lunch & Learn (cont'd)

## Schedule of Events



### 1. Registration & Welcome

### 2. Intro to Polo

Dive into the world of polo with a primer by the Team USA captain, from its Persian roots, to the first club in the U.S. and what it takes to play the sport.

### 3. Breakout Sessions

Teams of participants move through each station to learn the polo basics on foot before mounting horses for a team scrimmage.

- Horse prep: learn how to prepare the horse for polo, from grooming to saddling and tying the tail.
- Rules & Strategy: practice hitting, passing, & defensive team play using foot mallets to simulate horse mounted team competition conditions.
- Full swing: practice swings and penalty shots with full-length mallets from the life-size wooden training horse.



### 4. Riding Lesson & Team Scrimmage (optional)

Saddle up and take to the arena for a mounted lesson in riding for polo, followed by a team scrimmage to take home top honors.

### 5. Prize Presentation\* & Lunch (optional)

\*additional fees may apply



# Lunch & Learn (cont'd)



**Horse Prep:** Leg wrap demonstration highlights key component of horse safety equipment, providing tendon support to meet athletic demands on the field.



**Rules & Strategy:** Team USA Captain teaching the 'ride-off', a defensive play to regain possession of the ball from an opponent.



**Scrimmage:** Teams saddle up to end the day with a friendly competition to see who takes home bragging rights.



# Intro Clinics

\$150/Person: 6 – 8 participants

The Adult Intro Clinic is a mounted experience to provide new players the essential skills for their start in polo. The clinic is offered in small, focused groups to learn with other beginners, providing individual attention to each student's progress, and practice newly learned skills in scrimmages.

The Intro Clinic covers...

- Horse Care & Prep
- Riding Skills for Polo
- Basic Hitting and Defense
- Rules and Strategy
- Scrimmage
- (Optional) Box Lunch or BBQ Buffet

The program is oriented for athletic adults as a step up to progress into regular weekly lessons; no riding experience is required. Suggested dress is layered outerwear, jeans and boots with 1" heel. All participants are required to sign a Waiver of Liability. All participants must supply their own safety helmet. Lesson horses are of the finest thoroughbred caliber & training, and professional grade polo equipment is provided.

Offered in Autumn, Spring, and Summer – See Availability





# Lunch & Tour Experience

24+ participants, rates upon request.

Bring your group together for unique tour of America's first polo club. Our expert Captain & trained professionals guide groups through a 1-1.5 hour experience with well-versed history & primer on the Sport of Polo, plus expert demonstration on horseback of the technique and strategy, plus life-size wooden horse trials and video highlights on the jumbotron to make for an informative and interesting tour stop.

Tour will cover...

- Intro to the Sport of Polo
- Demonstration of Polo Horse Equip & Prep
- Demonstration of polo tactics and maneuvers
- (Optional) Hitting lesson
- (Optional) Wooden Horse Experience
- (Optional) Souvenir Cap\*
- (Optional) Boxed Lunch\*
- (Optional) Pro Shop can be open for souvenirs

The program is oriented for all ages; Suggested dress is layered outerwear appropriate for weather conditions. Wooden horse participants must sign a waiver of liability. Groomed, competition Polo horses are of the finest thoroughbred caliber & training, and professional grade polo equipment and uniforms are worn.

\*additional fees may apply



# Availability



Newport Polo, reputed as a leading instructional polo program by the United States Polo Association, offers polo instruction at it's private training facility in Portsmouth, RI. The Polo School is open seasonally, Spring, Summer & Autumn, typically March/April through December. Facility is outdoors, and sessions are weather dependent.

## Lunch & Learn Seminar (May-Nov)

Wed | Fri: Latest start time, 4:30pm\*  
Tue | Thu | Sun: Latest start time, 11:00am\*

## Intro to Polo Clinic (May-Nov)

Wed | Fri: Latest start time, 4:30pm\*  
Tue | Thu | Sun: Latest start time, 11:00am\*

## Lunch & Tour Exerience (June-Oct)

Wed | Fri: Latest start time, 3:00pm  
Tue | Thu | Sun: Latest start time, 1:00pm

\*Additional timeslots may be available, based on weekly polo schedule.

Team building sessions may be customized and combined to fit the unique needs of each group. Riding and mounted competition experiences are optional.

**Email [agnes@nptpolo.com](mailto:agnes@nptpolo.com) for information & bookings.**





# About Newport Polo

**Newport Polo** is home of America's First Polo Club, and the Newport International Polo Series, now in its 4th decade, featuring public exhibition polo matches every Saturday, June - September. Founded in 1876, charter member of the United States Polo Association, Newport Polo offers year-round polo club membership and polo instruction.

**Experience the king of games in  
its American landing.**



Copyright Newport Polo 2024